

JUNE
11

2023 NAL CHAMPIONS !!
6 wins - 0 losses



WV SWIM TEAM SUMMER OPEN SWIM !!

West Valley HS Pool
June 11 start !!
Tue., Thurs. 8:30-10:30a.m.*
*exceptions TBA

Calling all incoming 9th, 10th, 11th and 12th graders! Swimmers of all abilities are welcome! Come learn to swim and compete at one of the best pools in Northern California. **FIRST:** [Click here for the athletic packet](#), get doctor's physical 5/6, and **prior to participation** return completed packet to WV school secretary.

NEXT: Come to the WV pool on 6/11. **Swimmers are expected to arrive 15 mins early with suit on** to get lane lines in and flags up for a prompt start, and help with take down for a prompt finish. **GEAR:** Come with practice suit on. Bring towel, cap, goggles, long shorts/sweats and sneakers for dryland exercises. Caps & Goggles: available on deck for purchase. Suits: Girls - one piece competition-style suits; Boys - jammers or brief style. [Click here to order practice suits](#) and other fun WV Eagles items. For those with financial challenges, see coach on deck. Come join the team, learn a life skill, and have fun in the sun! Bring a friend and see you on deck! Questions? → wveaglesswimteam@gmail.com