



# Nutrition Services

1469 Ferry Street | Anderson, CA 96007 | phone 530.378.0568 | fax 530.378.0834  
www.auhsd.net/nutritionservices

## SECOND CHANCE BREAKFAST

*Parents and students.*

*Your nutrition services department is happy to announce that we will be offering a second chance grab and go cart for breakfast/brunch. In addition to our first breakfast!*

*As you are aware, students are not always able to arrive at school early enough to participate in our breakfast program.*

*It has been proven that students who eat a nutritious breakfast are more focused, have better test scores, are more energetic, less likely to be overweight and perform better in the classroom.*

*In light of that, we will be offering a grab and go breakfast between 2<sup>nd</sup> and 3<sup>rd</sup> periods.*

*All students will be able to participate in the second chance breakfast.*

*Students who are free or reduced status can choose EITHER breakfast in the cafeteria OR second chance breakfast at the cart at their free or reduced rate, but can purchase additional meals at the full price rate.*

*We are excited about this new offering and look forward to the new school year and serving our students.*

*Susan Lee, Director of Nutrition Services*



*If you eat well, you will feel well.*